Master Zhi Gang Sha is an 11-time New York Times bestselling author and a pioneer in life transformation and modern-day spirituality. He combines the essence of Western medicine and traditional Chinese medicine with ancient energy and spiritual secrets from China. An expert in the most advanced cellular science now occurring in China, and in breakthrough research in the West on the effects of spirit on soul, mind, and body. Master Sha is an inspired guide to the ultimate dimension of soul over matter. "Heal the soul first," he says, "then healing and transformation of every aspect of life will follow."

Healing Background

Master Sha is a medical doctor in China and a doctor of traditional Chinese medicine in China and Canada. Born in the Shaanxi province of China, he became interested in healing as a young child as he observed people in his immediate and extended family struggling with a variety of illnesses.

At the age of six, he was accepted by the first of several masters in Eastern martial arts. At twenty-two, even before completing his training as a physician, Master Sha began to combine the knowledge of energy development he had learned through his practice of martial arts with traditional Chinese acupuncture to create his own unique acupuncture system.

Master Sha went on to study at Xi'an Jiaotong University, completing his medical degree in Western medicine in 1983. He was also certified as an acupuncturist and herbalist in 1986 by the World Health Organization's Institute of International Acupuncture and Moxibustion in Beijing, where he taught acupuncture, tai chi and qigong to foreign physicians. He is a doctor of traditional Chinese medicine and a registered acupuncturist in Canada.

In 2005, under the aegis of Dr. and Master Zhi Chen Guo, his revered teacher in China since 1990, he became the sole Western teacher of Body Space Medicine, credited by the Chinese government with helping to contain the SARS epidemic in China. Master Sha learned the most profound secrets, wisdom, and knowledge from Master Guo, his adoptive father, the founder of Zhi Neng Medicine and Body Space
Medicine, who also taught him the integration of Taoism, Buddhism, and Confucianism with modern medicine and traditional Chinese medicine.

Master Sha also completed a Master's degree in Hospital Administration at the University of the Philippines in 1988. While there, word of his skill as an acupuncturist spread and he treated numerous VIPs while also offering a street clinic for the poor.

The creator of the Soul Mind Body Science System and founder of the Tao Academy, Master Sha also supports the ongoing studies and projects of the Sha Research Foundation.

**Master of Eastern Arts**

From the age of six, Master Sha continued to deepen his practice of Eastern arts, ultimately becoming a Grandmaster of Wu Dong tai chi, Dong Yi Gong qigong, feng shui and the I Ching. In 2002, he was named Qigong Master of the Year at the Fifth World Congress on Qigong.

**Dong Yi Gong qigong lineage:** Master Sha studied Dong Yi Gong qigong and Body Space Medicine with Dr. and Master Zhi Chen Guo. Dr. and Master Guo personally trained Master Sha for over 12 years as his disciple and his sole western worldwide representative. Master Sha taught Body Space Medicine, which is based on the concepts of traditional Chinese medicine philosophy, Zhi Neng Medicine, and the cytology of CWM for several years in North America in honor of his beloved spiritual teacher and father.

**Peng Zu Lineage:** Master Sha is also the sole 373rd-generation lineage holder of Peng Zu, ordained by the 372nd-generation lineage holder Dr. and Professor Liu De Hua, who is a medical doctor and former university professor in China. Peng Zu, renowned in China as the "Long Life Star," was the teacher of Lao Zi, author of the revered classic Dao De Jing. His lifelong anti-aging system has been passed down through oral tradition to no more than three lineage holders per generation for more than 4,300 years.

**Yi Bi Zi Calligraphy Lineage:** In 2013 Master Sha learned a very special form of Chinese calligraphy called "Yi Bi Zi" and became the sole lineage holder of his teacher, Professor Li Qiu Yun, who is more than one hundred years old. She has been recognized by the United Nations as one of the world's top Chinese language experts. Professor Li learned Yi Bi Zi from Tai Shi (supreme teacher), who was the teacher of the emperor's and royal family's children during the Qing Dynasty, the last imperial dynasty in China. After quickly mastering Yi Bi Zi, Master Sha began to create Tao Calligraphies to help transform life. Viewed in cities around the world, thousands of people have experienced extraordinary renewal from these calligraphies.

In 2016 Master Sha was recognized for his calligraphy and appointed to the position of Shu Fa Jia (National Chinese Calligrapher Master) as well as Yan Jiu Yuan (Honorable Researcher Professor), the highest titles a calligrapher can receive, by Guo Jia Min Zu Hua Yuan (State Ethnic Academy of Painting) in Beijing, China.

**Bestselling author**


In 2008, Master Sha partnered with Atria Books, a major division of Simon and Schuster, to create the Soul Power Series. Revised, expanded, and issued as trade paperbacks, Soul Wisdom and Soul Communication became #1 and #3 New York Times bestsellers respectively. The Power of Soul (2009) debuted at #1 on the New York Times "Advice/How to" bestseller list, followed by #1 New York
Master Sha's writings reflect his emergence as an advanced transformational leader. His earlier books, such as *Power Healing* and *Soul Body Mind Medicine*, contain pearls of soul wisdom, soul knowledge, and practical soul techniques to promote health and well-being. His newer books focus on special teachings to transform the soul, mind, and body and to empower humanity to nourish themselves and others.

Since 2004, Master Sha has traveled to several continents, making known Soul Mind Body Medicine and the power of soul to transform all aspects of life. Warmly received by audiences in many different countries, including the U.S., Canada, Australia, the UK, Holland, Germany, Italy, Spain, India and more, he has been featured in over 600 print and broadcast interviews, capturing the hearts and minds of thousands with variations of his timely message: The soul can transform life.

**Humanitarian activities**

Master Sha has come a long way since his boyhood concern for the family and villagers around him. Today, he is recognized as a world-renowned transformational leader, an inspiring teacher and a humanitarian. A pioneer in transforming the soul, mind, and body using the power of the soul, in 2006 Master Sha was the recipient of the Martin Luther King, Jr. Commemorative Commission Award for his outstanding work in promoting peace and healing. He is the founder of the Tao Academy, whose varied programs and gifts assist people everywhere to enlighten themselves and others.

In 2006 Master Sha founded the Love Peace Harmony Foundation to create love, peace and harmony for humanity. In September 2014 Master Sha was honored by the County of Maui, Hawaii, naming September 21, 2014 "Dr. and Master Zhi Gang Sha Day" by the Council of the City and County of Honolulu, Hawaii, in recognition of his humanitarian service to promote love, peace, and harmony throughout the world.

In 2015 he was named Honorary Member of the Club of Budapest Foundation, an organization dedicated to resolving the social, political, economic, and ecological challenges of the twenty-first century. Officially launching in 2015, Master Sha has been invited to become one of the Founding Signatories of the Fuji Declaration, whose mission is to create lasting peace on Earth. Master Sha is a member of Rotary E-Club of World Peace and is a founding signatory of the Conscious Business Declaration, which aims to define a new standard for business in the twenty-first century that will increase economic prosperity while healing the environment and improving humanity's well-being. In 2016 Master Sha received a Commendation from Los Angeles County for his humanitarian efforts both locally and worldwide, and a Commendation from the Hawaii Senate as a selfless humanitarian who celebrates the power of the human spirit as he travels the world tirelessly to create a Love Peace Harmony World Family. In 2017, he received the International Tara Award from Ven. Mae Chee Sansanee Sthirasuta, founder of the Buddhist center Sathira Dhammasathan, for being a person who acts like a bodhisattva, doing good for society. In 2018 he was ordained as a Minister of the International New Thought Movement by Bishop Dr. Barbara King of the Barbara King
In 2019 Master Sha received a Certificate of Special Congressional Recognition from U.S. Senator Mazie K. Hirono of Hawaii, and letters of congratulations and recognition of his humanitarian efforts from Governor David Y. Ige, Congresswoman Tulsi Gabbard and Congressman Ed Case of Hawaii.

He continues to deliver free webcasts, teleconferences, and events that attract viewers and listeners from around the world.

Legacy

Master Sha has trained more than 6,000 Soul Teachers and Tao Calligraphy Practitioners, and over one hundred Certified Master Teachers who teach self-transformation and enlightenment techniques at the grassroots level and at Master Sha Tao Centers being established in key cities across the globe. At a time of difficult transition, he is committed to transforming the consciousness of individuals and humanity, and to spreading the messages of soul transformation and universal service worldwide. Master Sha is a prolific author and has developed several television and film productions in the United States and India. He has been featured in one public television documentary and the full-length film, Soul Masters: Dr. Sha and Dr. Guo, filmed partially in China. Master Sha is also featured in the documentaries Soul Healing Miracles and The Source Ling Guang Calligraphies.

In 2014 Master Sha launched Master Sha TV's Chanting Channel. Completely interactive and free, Master Sha TV's Chanting Channel empowers viewers to develop their spiritual journey by learning to use chanting for enhancing well-being and transformation. Participants around the world submit requests for well-being or a blessing, and make a pledge to chant every day for every request that has been submitted. This act of universal service is unique to the Master Sha TV, and empowers the average person to actively participate in the transformation of their lives, but more importantly, in the transformation of the world by chanting for others who have submitted requests and by chanting for all souls in all universes as guided by Master Sha's Certified Master Teachers who lead the live programming.

Master Sha holds a unique legacy of soul knowledge, soul wisdom, and practical soul techniques to access the power of soul for the transformation of all aspects of life, including health, emotions, relationships, business, finances and more. In short, Master Sha has brought well-being and enlightenment to hundreds of thousands worldwide in a teaching that combines the essence of Western medicine and traditional Chinese medicine with 5,000-year-old energy and spiritual secrets from China. He is a recognized authority on matters pertaining to the soul. His central message is:

I have the power to transform my life.
You have the power to transform your life.
Together we have the power to transform the life of humanity and all souls on Mother Earth and countless planets, stars, galaxies, and universes.

Let us join hearts and souls together to bring love, peace and harmony to humanity, Mother Earth, and all universes. Join the global Love Peace Harmony Foundation to gather 1.5 billion people around the world in chanting Love, Peace and Harmony for 15 minutes every day to transform the world.